



## Threading training day

Threading is becoming a popular technique for hair removal as it removes the hair from the follicle without the need to apply products to the skin.

This method is simple, cost effective and minimal redness or trauma to sensitive areas which would usually show the obvious after effects of waxing.

This ancient art technique enables you to provide a precise shaping procedure on the eyebrow or face and it can be used on clients with contra-indications.

### What will I learn?

Threading originated in the Indian subcontinent, and popular in Persian culture where it is called *Bande Abru*.

*Abru* means eyebrow and *Bande* is thread.

Learn how to use a pure thin twisted cotton thread, which is rolled unlike tweezers where a single hair is pulled out each time, can remove an entire row of hair resulting in a straighter, clean line and good shape.

- History of threading
- Hair anatomy
- Advantages of threading
- Health and safety
- Treatment room set up
- Consultation skills and record keeping
- Aftercare advice
- Contra indications and indications for treatment
- Practical
- Marketing and re-booking

£135

### What will I get?

Mantra Philosophy Diploma: This allows you to obtain insurance

Training handbook with diagrams and routines

Your own development plan to turn your new skills into action

Project work to complete with Mantra feedback to guide you

See your customers re-book and come back for more!

### You are ready for...

Indian Head massage, The best skin specific facial