



Advanced no hands massage training day

Minimum effort maximum tension relieving results. Massage is evolving with many therapists now incorporating Eastern techniques, sports massage and hands-free techniques to their existing routine.

On this course you will learn how to use hands-free techniques, using forearms, knuckles and elbows which will give your thumbs a well-deserved break and your customers a sensational deep tissue massage experience.

What will I learn?

- History and development
- Massage techniques
- Preparing to provide a treatment
- Treatment demonstration
- Practical
- Consultation skills and record keeping
- Aftercare advice
- Hints and tips
- Marketing and re-booking

What will I get?

Mantra Philosophy Diploma: This allows you to obtain insurance

Training handbook with diagrams and routines

Your own development plan to turn your new skills into action

Project work to complete with Mantra feedback to guide you

See your customers re-book and come back for more!

To book this course you must have a recognised body massage certificate (please bring certificate or email copy to salon)

A dark red circular graphic with a white border, containing the price in white text.

£120

